Ball Skills to Tennis Learning Ladder

Year 6

Tennis

Game application

Game application, mixed ability doubles, round robin games

Respect
Evaluation
Self Motivation

Year 5

Tennis

Introduce/develop the volley

Controlling the game from the serve

Doubles, understanding and applying tactics to win a pint

Integrity
Resourcefulness
Self Discipline
Reflection

Year 4

Tennis

Developing the forehand

Creating space to win a point using a racket

Introduce the backhand

Applying the forehand and backhand in game situations

Applying the forehand and backhand creating space to win a point

Decision Making
Responsibility
Communication
Trust

Year 3

Tennis

Introduction tennis, outwitting an opponent

Creating space to win a point

Consolidate how to win a game introduce rackets

Introduce the forehand

Cooperation
Encouragement
Problem Solving
Resilience

Year 2

Ball Skills Hands 2

Introduce throwing with accuracy

Introduce stopping a ball

Develop sending (rolling) skills to score a point

Consolidate sending and stopping to win a game

Courage
Empathy
Self Belief
Concentration
Imagination

Year 1

Ball Skills Hands 2

Introduce throwing with accuracy

Introduce stopping a ball

Develop sending (rolling) skills to score a point

Consolidate sending and stopping to win a game

Gratitude
Curiosity
Fairness
Honesty

EYFS

Ball Skills Hands 2

Explore throwing overarm and underarm

Explore rolling, stopping a ball and catching

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