Year 6

Carnival

Performing with technical control and rhythm in a group

Creating rhythmic patterns using the body

Experiencing dance from a different culture

Chorographical elements including still imagery

Respect
Evaluation
Self Motivation

Year 5

Greeks

Exploring the Greeks using compositional principles

Extending sequences with a partner using compositional principles

Creating movement using improvisation where movement is reactive

Integrity
Resourcefulness
Self Discipline
Reflection

Year 4

Cats

Responding to stimuli working together

Extending sequences with a partner in character

Exploring two contrasting Relationships and interlinking dance moves

Decision Making
Responsibility
Communication
Trust

Year 3

Wild Animals

Responding to stimuli

Developing character dance into a motif

Developing sequences with a partner in character that show relationships

Extending sequences with a partner in character

Cooperation
Encouragement
Problem Solving
Resilience

Year 2

Water

Responding to stimuli

Developing whole group movement

Improvisation and physical descriptions

Creating contrasting movement sequences

Sequences, relationships and performance

Courage
Empathy
Self Belief
Concentration
Imagination

Year 1

Growing

Responding to rhythm

Introduction to motifs

Creating motifs

Creating movement sequences

Relationships and performance

Gratitude
Curiosity
Fairness
Honesty

EYFS

Ourselves

Responding in movement to words and music

Creating their own movement

Complete P.E. INSPIRE LEARN SUCCEED

YOUTH SPORT TRUST

Dance
Learning Ladder