

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Puzzle 1 Being Me in My World	Puzzle 2 Celebrating Difference	Puzzle 3 Dreams & Goals	Puzzle 4 Healthy Me	Puzzle 5 Relationships	Puzzle 6 Changing Me The children are taught the SRE areas of this puzzle in year groups
	Respect for self and others Belonging Choices & consequenc es Asking for help Identity	Similarities & differences Bullying Accessing help Stereotypes Conflict & resolution Developing empathy	Growth mindset Goal setting Overcoming challenges Managing emotions Teamwork Money & preparation for work	Making healthy choices What influences making healthy choices Recognizing my feeling in relation to health Self-esteem	Families Friendships Appropriate boundaries Accessing help Conflict resolution Love, loss & change in relationships; how to manage this Relationship with self Relationship with technology	Lifecycles Physical & emotional changes from birth to old age Biological knowledge and body parts incl puberty Managing change Conception & childbirth Self esteem Accessing help
Otters	Cycle A- EYFS Units					Age 5/6 – Year One - I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. - I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private. - I can explain why some changes I might experience might feel better than others.
	Cycle B- Y1 Units					
Foxes	Cycle A- Y2 Units					Age 6/7- Year Two - I can use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private. - I can explain why some types of touches feel OK and others don't. - I can tell you what I like and don't like about being a boy/girl and getting older, and recognise that other people might feel differently to me. Age 7/8- Year Three - I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. - I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.
	Cycle B- Y3 Units					

Badgers	Cycle A- Y4 Units	<p>Age 8/9- Year Four</p> <ul style="list-style-type: none"> - I can summarise the changes that happen to boys' and girls' bodies that prepare them for making a baby when they are older. - I can explain some of the choices I might make in the future and some of the choices that I have no control over. - I can offer some suggestions about how I might manage my feelings when changes happen. <p>Age 9/10- Year Five</p> <ul style="list-style-type: none"> - I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. I can also summarise the process of conception. - I can express how I feel about the changes that will happen to me during puberty. - I accept these changes might happen at different times to my friends. <p>Age 10/11- Year Six</p> <ul style="list-style-type: none"> - I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. - I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private. - I can explain why some changes I might experience might feel better than others.
	Cycle B- Y5 Units	
	Cycle C- Y6 Units	